

Course Title:	Manual Handling of Objects <i>(including integrated City & Guilds NPTC Assessment)</i>
Duration:	1 days training.
Pre-requisites	<ul style="list-style-type: none"> • None
Venue:	This is normally completed on a mwmac Ltd site near Builth Wells. <i>If you have enough people for a full course we are able, in some instances, to run this course on your site (subject to a pre-course visit).</i>
Attendees:	Max. number per course = 10
Objectives	<p>Candidates should achieve the following:</p> <ul style="list-style-type: none"> • Understand the reasons for safe manual handling in the workplace • Know how to manage the possible risks involved in manual handling • Be able to carry out safe manual handling techniques • Be able to select and use appropriate mechanical manual handling aids
Equipment:	If specialist manual handling aids are used by the individuals it would be a good idea for them to bring them along to the course (within reason); i.e. planting bags, lifting tongs, etc.

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